Allergens Policy

Tithe Barn Preschool have a legal responsibility to provide allergen information about the ingredients that are in the food given to your child. This information needs to be shared and kept updated whilst your child is in our care. These lists are kept in our kitchen and are updated termly by our Allergen Co-Ordinator.

Whilst we will do our best to accommodate food allergies or intolerances, we cannot guarantee that our snacks will be free of allergens. If allergies or intolerances are an issue for your child, please discuss this with the staff at the Tithe Barn Preschool. We may ask you to provide snacks if we feel it is in the best interests of your child. We are happy to seek advice from the dieticians at your local hospital if this is appropriate.

Our Procedure

As part of our Safe Food Better Business (October 2019) we will check the ingredient list on all snacks to ensure no identified allergens are present. No child will be given snacks where an allergen has been identified, and this would include the other children on that day to avoid any potential cross contamination or exposure to the allergen. A purple chopping board (Allergen board) will be used to prepare any snacks for children suffering with specific food allergies.

Information on allergens used will be made available to parents on request. It is also important that you, the parent, keep us informed if your child develops any allergies or food intolerances whilst in our care.

If a child needs medicines administered, for example, an Epi-pen, please see our 'Administering Medication' Policy and the further training we would seek.

Please indicate any known allergies/intolerances on the table on the following page.